

**Swim Lesson Instructor  
Wellness and Recreation  
NC State University**

The mission of Wellness and Recreation is to inspire a culture of wellness by providing premier, innovative and inclusive programs, services and facilities that promote healthy, active lifestyles to enhance student success.

Wellness and Recreation commits to foster a learning environment for our student employees that cultivate the skills of ethical reasoning, critical thinking, teamwork, initiative and professionalism. Programs and facilities are student run with professional coaching. The goal is to help develop student's transferable skills and create a supportive and challenging environment for them to succeed in and out of the classroom.

**Wellness and Recreation is seeking enthusiastic students to teach swim lessons to participants with a range of ages and abilities through private or group lessons.**

### **Responsibilities**

- Coordinate private and group swim lessons with clients in a timely and professional manner
- Assess and create level-appropriate swim lesson plans for students ranging from children to adults
- Required to work as a member of the lifeguard staff
- Complete and submit all records and reports through appropriate software
- Inspect and report any unsafe conditions or equipment
- Understand and enforce Wellness and Recreation and area specific policies and guidelines
- Knowledge of emergency action plan
- Attend required trainings and meetings
- Develop professional relationships with co-workers, participants, and guests
- Uphold and exceed the expectations of Wellness and Recreation: ethical reasoning, critical thinking, teamwork, initiative and professionalism
- Assist as needed in all required departmental functions

### **Department Required Skills**

- Effective interpersonal communication skills and presentation skills
- Commitment to customer service
- Demonstrate integrity, ethics and commitment to diversity and inclusion
- Maintain clean, appropriate and professional attire
- Commitment to promoting healthy, active lifestyles

### **Qualifications & Certifications**

- Current full-time NC State student
- Preferred current American Red Cross Water Safety Instructor certification
- American Red Cross Lifeguard certification should be current or obtained within 3 months of position commencement
- Preferred background in swimming and basic swimming knowledge
- Pre-Employment Testing of swim lesson instructors:
  - Demonstrate the following skills: freestyle, backstroke, breaststroke, butterfly, sidestroke, elementary backstroke, starts and turns
  - Demonstrate proficiency in all of the American Red Cross Lifeguard prerequisite skills ▪ Prerequisites: swim 300 yards continuously, tread water for 2 minutes and complete a timed event within 1 minute and 40 seconds
  - Teach a five minute lesson for the assigned skill and skill level

**AA/EOE**

NC State University is an equal opportunity and affirmative action employer. All qualified applicants will receive consideration for employment without regard to race, color, national origin, religion, sex, gender identity, age, sexual orientation, genetic information, status as an individual with a disability, or status a protected veteran. Individuals with disabilities requiring disability-related accommodations in the application and interview process, please call 919.515.3148.

Final candidates are subject to criminal and sex offender background checks. Some vacancies also require credit or motor vehicle checks. NC State University participates in E-Verify. Federal Law requires all employers to verify the identity and employment eligibility of all persons hired to work in the United States.

**For More Information**

- Wellness and Recreation Website, [wellrec.ncsu.edu](http://wellrec.ncsu.edu)

*Reports to the Coordinator, Aquatics*